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C@RE
augmented reality approach
for personal care

ARTICLE 3

THE C@RE TRAINING COURSE: A NEW TRAINING APPROACH FOR THE CARE SECTOR

As part of the Erasmus+ project **C@RE – Augmented Learning Approach for Personal Care**, European partners have developed an **innovative interactive training course for social and healthcare professionals**, as a result of the third Work Package (WP3).

The course is based on an innovative pedagogical model: **interactive narrative scenarios in a 'choose-your-own-adventure' style**, designed to simulate real-life work situations and help professionals make critical decisions in complex contexts.

The goal?

To **develop digital and interpersonal skills** that are essential for providing modern, effective and person-centred care.

How does the course work?

Each scenario puts the learner in the shoes of a healthcare worker who has to deal with a working day full of choices, priorities, critical situations and human relationships. At each narrative junction, two options are presented: one correct and one incorrect. Only by answering all six junctions correctly does the user successfully complete the scenario. Otherwise, the course ends with realistic consequences of the wrong choice, emphasising the importance of professional judgement and empathy.



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The topics covered

The **six scenarios cover several key areas of competence**, which have been developed by the project partners:

- **Data management and digital communication** (IDEC – Greece)
- **Digital literacy and security** (ATFCT – Romania)
- **Digital skills in a social and healthcare context** (OpenCertif – France)
- **Care environment management** (E. Galvanausko PMC – Lithuania & DLearn – Italy)
- **Emotional management and helping relationships** (KVK – Lithuania)
- **Collaboration and networking** (Korak po Korak – Croatia)

Each partner has developed a scenario consistent with their area of expertise, thus ensuring a comprehensive and multidisciplinary approach.

Expected results

Thanks to this immersive methodology, the course aims to:

- Strengthen the decision-making capacity of operators
- Promote the use of digital technologies in the care sector
- Improve the effectiveness and quality of services offered
- Provide a training tool that can be replicated and adapted to different national contexts.

Next steps

The course will be **integrated into the C@RE digital platform** and made available free of charge to trainers, students and operators in the social and healthcare sector.

Visit the project website to stay up to date with the latest news:
<https://ar4personalcare.eu/>

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