CARE
augmented reality approach for personal care
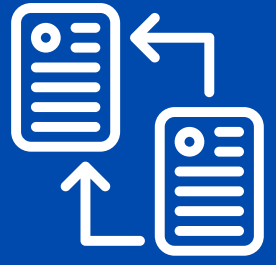
C@RE WORKERS NEW COMPETENCIES FRAMEWORK

DOMAIN 1: NEW DIGITAL SKILLS

1.1. DATA COMMUNICATION

1.1.1. To Demonstrate the ability to creatively design digital content that engages and informs their target group effectively

1.1.2. To organize and manage data storage systems effectively.

1.2 DATA LITERACY AND SAFETY

1.2.1. Efficiently search, filter, and utilize reliable resources.

1.2.2. Adhere to norms, laws, and rules for safeguarding sensitive data in daily professional practices.

1.2.3. Incorporate cloud technology into current professional practices.

1.2.4. Effectively communicate using technical and professional vocabulary.

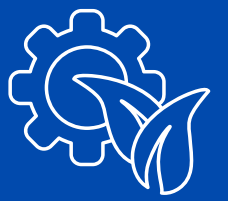### 1.3 E-SKILLS IN SOCIAL AND CARE ENVIRONMENT

1.3.1. To manage integrated digital platforms and excel in remote care, monitoring, and systems.

1.3.2. To use appropriate digital communication tools and methods based on individual client needs, preferences, and abilities.

1.3.3. To apply appropriate telecare technologies based on client's health conditions, preferences, and needs.

DOMAIN 2: NEW RELATIONAL & EMOTIONAL MANAGEMENT SKILLS FOR SOCIAL AND CARE WORKERS

2.1 ENVIRONMENTAL MANAGEMENT

2.1.1. To effectively manage stressful situations encountered in their practice and assist clients in developing resilience.

2.1.2. To utilize a range of problem-solving techniques tailored to the unique circumstances and preferences of each family.

2.1.3. To develop and implement preventive measures and strategies to mitigate environmental risks.

2.1.4. To utilize and integrate evidence-based practices and innovations into negative pressure resistance training programs.

2.1.5. To implement strategies for managing challenging behaviors of elderly individuals affected by cognitive conditions.

https://ar4personalcare.eu

CARE EU project

@CARE EU project

2.2 EMOTIONAL MANAGEMENT

2.2.1. Cultivate self-awareness to ensure personal emotions don't impact client privacy.

2.2.2. Use active listening for collaborative solutions in interactions.

2.2.3. Analyze experiences to identify strengths and areas for improvement.

2.2.4. Demonstrate expertise in specialized dementia care for preventing and de-escalating challenges.

2.3 COLLABORATION

2.3.1. Utilize technology for enhanced digital interactions with remote colleagues.

2.3.2. Develop care plans with family members aligning with client goals.

2.3.3. Demonstrate proficiency in networking for collaboration and resource-sharing.

2.3.4. Apply proper netiquette in online communication.

PARTNERS

**UDRUGA RODITELJA "KORAK PO KORAK"
(CROATIA)**

**ASOCIATIA DE TERAPIE FAMILIALA SI DE CUPLU TIMISOARA
(ROMANIA)**

**OPENCERTIF
(FRANCE)**

**AINTEK SYMVOULOI EPICHEIRISEON EFARMOGES YPSILIS TECHNOLOGIAS EKPAIDEFSI ANONYMI ETAIREIA
(GREECE)**

**EUROPEAN DIGITAL LEARNING NETWORK ETS
(ITALY)**

**KLAIPEDOS VALSTYBINE KOLEGIJA
(LITHUANIA)**

KLAIPĖDOS ERNESTO GALVANAUSKO PROFESINIO MOKYMO CENTRAS

**KLAIPEDOS ERNESTO GALVANAUSKO PROFESINIO MOKYMO CENTRAS
(LITHUANIA)**

https://ar4personalcare.eu

CARE EU project

@CARE EU project